Compass Chiropractic
(317) 257-2800
5420 N College Ave., Suite 101 , Indianapolis, IN, 46220

Physical Performance Exam

Service Date: 6/15/2025

SUBJECTIVE:

Subjective:

Notes:: Patient reports for range of motion and functional movement analysis.

LUMBAR RANGE OF MOTION (DEGREES):

Date: 05/15/2025

Flexion : 57

Extension : 21

Right lateral flexion : 36

Left lateral flexion: 45

LOWER EXAM (HIP RANGE OF MOTION):

Hip ROM performed with digital goniometer :

Date: 05/15/2025

Right Hip Extension (Degrees): 43

Left Hip Extension (Degrees): 45

Right Hip Ext Rotation (Degrees): 44

Right Hip Int Rotation (Degrees): 35

Left Hip Ext Rotation (Degrees): 44

Left Hip Int Rotation (Degrees): 32

Right SLR (Active, degrees): 78

Left SLR (Active, degrees): 82

Right DF (Inches): 4

Left DF (Inches) : 3.5

Left Hip Ext Rotation (Degrees): 44

LOWER EXAM (THOMAS TEST):

Thomas Test Results:

Date: 05/15/2025

Right Psoas: Moderate

Right Rectus: Mild

Right ITB : Mild

Left Psoas: Mild

Left Rectus: Mild

Left ITB: Mild

Provider: Dr. Bryan Bingham

Electronically reviewed and signed by: Dr. Bryan Bingham - *Bryan Bingham D.C., DACRB*